

Certified Organic



Kiwi Berries

Nine Star Ranch



Nine Star Ranch, a 12 acre certified organic operation owned and operated by Farah and Tulsı Ramchandani, is located near Wilsonville, Oregon. The Ramchandani's became Kiwi Berry producers when they purchased the ranch in 2005, since a mature orchard of the fruit was located on the property. Farah, a graduate of UCLA's School of Public Health, knew the importance of growing food without the use of pesticides, and part of the decision to work the orchard was a commitment to organic production. The work of learning how to grow the fruit, however, has been challenging: "We soon realized that the work on the ranch is a gradual learning process." Luckily, it turned out that insects and animals have no interest in the fruit, which "tastes terrible" until it begins to ripen, when its creamy sweet flavor develops. While a relatively unknown fruit at this time, the Kiwi Berry shows great marketing promise, since it delivers flavor, convenience and nutrition.

Kiwi Berries are a nutritional powerhouse and a healthy food source containing over 20 nutrients. Kiwi Berries contain twice the Vitamin E, yet only 60% of the calories of avocados; 5 times the Vitamin C of oranges; and more potassium than bananas. Kiwi Berries are high in fiber and rich in folic acid. Their smooth skin allows you to pop them into your mouth like grapes. Perfect for snacks, a healthy addition to lunch boxes, a great addition to recipes using fruits.

Availability: **September – October**

Source: **Nine Star Ranch
(Wilsonville, Oregon)**

Packaging: **12 dry half pints per case
LADYBUG Brand
12 per layer/16 layers/192 per pallet
UPC 6 67796 40115 4**



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