**FLAVOR ALERT!**

**ORGANICALLY GROWN COMPANY**

Over the past few weeks, we have received an overwhelming response from our customers regarding our commitment to organically grown produce. As we continue to prioritize sustainability and environmental responsibility, we are excited to announce that our latest offerings are now available exclusively at our fresh market locations.

**NEET RUTABAGA**

Rutabaga, also known as swede or Swedish turnip, is a versatile root vegetable that is rich in nutrients. It is low in calories and high in dietary fiber, making it a perfect addition to your healthy diet. Rutabaga is great for roasting, mashing, or even pureeing into soups and stews. You can also use it in salads, or as a healthy potato substitute in recipes like jacket potatoes.

**HUCKLEBERRY POTATO**

Deep purple skin clicks a chic note on this potato. Fruity in nature on the inside, it is perfect for traditional potato salads as well as roasting. It will be your new favorite and easy to grow! 

**GRAIL**

This root vegetable is a rare find and has a slightly sweet, earthy flavor that is perfect for roasted or steamed dishes. It is low in calories and high in fiber, making it a great choice for those watching their weight. You can also use it in salads, soups, or as a substitute for other root vegetables.

**CUCUMBER DOG CHIPS**

As we move into the warmer months, we are introducing our new cucumber chips. These crispy and crunchy snacks are the perfect blend of savory and zesty flavors. They are low in calories and high in fiber, making them a great addition to any snack board or shareable platter. You can also use them as a topping for salads, soups, or as a side dish.

**GRAIL CHIPS**

Perfectly seasoned and lightly salted, these chips are a great snack option for those looking for a healthier alternative. They are low in calories and high in fiber, making them a great addition to any snack board or shareable platter. You can also use them as a topping for salads, soups, or as a side dish.

**STRAWBERRY**

We are excited to announce that our organic strawberries are now available again! They are perfect for snacking, baking, or adding to your favorite summer recipes like fruit salads, smoothies, or oatmeal. Strawberries are rich in antioxidants and vitamin C, making them perfect for a healthy and delicious snack.

**AVOCADO**

We have seen a significant increase in demand for our organic avocados, and we are thrilled to offer them to our customers again. They are perfect for making delicious guacamole or as a spread on toast or sandwiches. Avocados are rich in healthy fats, fiber, and vitamin K, making them a great addition to any healthy diet.

**ARTICHOKE**

We have received a new shipment of organic artichokes, and we are excited to offer them to our customers again. They are perfect for making delicious artichoke hearts or as a side dish. Artichokes are rich in fiber, vitamin C, and antioxidants, making them a great addition to any healthy diet.

**PACKHAM PEARS**

Packham pears are now available again! They are perfect for snacking, baking, or adding to your favorite summer recipes like fruit salads, smoothies, or oatmeal. Packham pears are rich in antioxidants and vitamin C, making them perfect for a healthy and delicious snack.

**MANGO**

We have seen a significant increase in demand for our organic mangoes, and we are thrilled to offer them to our customers again. They are perfect for cutting up and eating fresh, or for using in smoothies, fruit salads, or oatmeal. Mangos are rich in vitamin C, A, potassium, and antioxidants, making them a great addition to any healthy diet.

**CANTALOUPE**

We are excited to announce that our有机哈密瓜 is now available again! They are perfect for snacking, baking, or adding to your favorite summer recipes like fruit salads, smoothies, or oatmeal. Cantaloupe is rich in vitamins A and C, potassium, and antioxidants, making them perfect for a healthy and delicious snack.

**MUSK MELON**

We have received a new shipment of organic muskmelons, and we are excited to offer them to our customers again. They are perfect for cutting up and eating fresh, or for using in smoothies, fruit salads, or oatmeal. Musk melon is rich in vitamin A, potassium, and antioxidants, making them perfect for a healthy and delicious snack.