

## **PEACHES:** FREESTONE VS CLINGSTONE

When it comes to peaches, consider the stone.

Peach varieties are either *freestone* or *clingstone*.

Freestone peaches separate easily from their stone or pit, and are ideal for canning, baking or slicing in half and caramelizing on the grill.

Clingstone peaches are perfect for eating fresh out of hand and are often bred with flavor in mind versus separating the fruit from the stone or pit.

There's a peach for every purpose.